



Grand Montréal

**Directory of Community and
Social Services**

SAINT-LÉONARD



2-1-1



www.211qc.ca

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Child and Family

CHILD WELFARE

FAMILY SUPPORT

Child welfare

CHILDREN NOW

5167 Jean-Talon Street East, Suite 260, Saint-Léonard, Montréal, QC, H1S 1K8

1 800 361-8453 Fax: 514 593-4659

Website: www.childrennow.ca

Email: info@childrennow.ca

Services: Protection and advocacy for children and teenagers. * Assistance to children and teenagers experiencing problems resulting from the break-up of the family, abuse, school drop-out, delinquency, etc.* International conferences.* Presentation of briefs to the government.* Events for underprivileged children: summer camps, Christmas party, etc.* Helpline: legal advice on family law and referral.

Eligibility: children, teenagers, parents, grandparents

Coverage area: Canada

Hours: Monday to Friday 9h00 to 17h00

Financing: donations

Legal status: non-profit organization

Family Support

MAISON DE LA FAMILLE DE SAINT-LÉONARD

8180 Collerette Street, Saint-Léonard, Montréal, QC, H1P 2V5

514 852-6161 Fax: 514 852-0322

Website: www.mdfstleonard.org

Email: mdfstleonard@bellnet.ca

Services: * Information and referrals.* Support workshops for parents.* Workshops promoting child development, parent-child stimulation program and recreational activities.* Childcare.* Discussion groups for parents.* Coffee-chat.* Bambinerie: entertainment in parks.* Summer camps for children.* Development of projects with local partners.* Contribution to consultation spaces.

Eligibility: families

Coverage area: Saint-Léonard

Hours: Monday to Friday 8h30 to 16h30

Fees: membership: \$4

Financing: federal, provincial, donations

Legal status: non-profit organization

Community Action

ADVISORY AND CITIZEN ACTION ORGANIZATIONS

CHARITY ORGANIZATIONS

COMMUNITY CENTRES

COMMUNITY DEVELOPMENT

VOLUNTEERING AND VOLUNTEER CENTRES

Advisory and citizen action organizations

ÉCO-QUARTIER SAINT-LÉONARD

7800 de la Salette Street, Saint-Léonard, Montréal, QC, H1P 2J8

514 328-8444

Website: www.ecoquartiersaintleonard.org

Email: ecoquartierstleonard@gmail.com

Services: Awareness, information and citizens committees about various ecological aspects in the community.

* 3R related actions and promotion: reduction at source, reuse, recycle and valorization.* Cleaning and

embellishment.* Promotion of citizens actions in environment.* Pets licenses.* Information about waste

collection.* Distribution of recycling and individual composting bins, as well as rainwater barrels.* Workshops,

information booths.* Support and accompaniment during projects.

Coverage area: Saint-Léonard

Hours: Tuesday 9h00 to 12h00 and 13h00 to 17h00, Wednesday 13h00 to 17h00, Thursday 13h00 to 19h00,

Friday 13h00 to 17h00

Financing: self-financing, grants

Legal status: non-profit organization

Charity Organizations

CANADIAN-ITALIAN COMMUNITY FOUNDATION OF QUÉBEC

8370 Lacordaire Street, Suite 301, Saint-Léonard, Montréal, QC, H1R 3Y6

514 274-6725 Fax: 514 274-6353

Website: www.fcciq.com

Email: info@fcciq.com

Services: Financial support to community organizations.

Eligibility: Italian community

Coverage area: Province of Québec

Hours: Monday to Friday 9h30 to 17h30

Financing: self-financing

Legal status: non-profit organization

FONDATION DES AUBERGES DU COEUR

4246 Jean-Talon East Street, East Tower, Suite 17, Saint-Léonard, Montréal, QC, H1S 1J8

514 523-3659 Fax: 514 523-2109

Website: www.aubergesducoeur.com

Email: info@aubergesducoeur.com

Services: Financially support the mission of the Auberges du coeur. * Promotes Auberges' action.* Raise awareness about homelessness and youth in difficulties.

Coverage area: Province of Québec

Hours: Monday to Friday 8h00 à 16h00

Financing: fundraising campaigns, donations

Legal status: non-profit organization

SUPPORT (LE) - FONDATION DE LA DÉFICIENCE INTELLECTUELLE

6275 des Grandes-Prairies Boulevard, Saint-Léonard, Montréal, QC, H1P 1A5

514 725-9797 Fax: 514 725-3530

Website: www.lesupport.ca

Email: sac@lesupport.ca

Services: Fundraising for assisting people living with intellectual disabilities through the sale of used items. *

Donation pick-up: clothing, small household items, toys and leisure equipment, books and magazines.*

Donation boxes.

Coverage area: Greater Montréal
Hours: Monday to Friday 8h00 to 16h30
Financing: self-financing, donations
Legal status: non-profit organization

Community centres

BUREAU ASSOCIATIF POUR LA DIVERSITÉ ET LA RÉINSERTION

6000 Métropolitain Boulevard East, Suite 200, Saint-Léonard, Montréal, QC, H1S 1A9
514 324-5341 Fax: 514 324-7966
Website: www.badr.ca
Email: info@badr.ca

Services: * Physical activities: aerobics, basketball, fitness, soccer, swimming, walking club, taekwondo.*
Recreational activities: crafts, calligraphy, sewing, cooking, chess, singing.* Christmas baskets.* Arabic
language school.* Homework assistance, help with French and mathematics.* English classes.* Computer
workshops.* Summer day camp.* Family outings.* Parent-child workshops.* School supplies.* Donation of
furniture.* Tax clinic.

Capacity: up to 120 people per activity

Coverage area: Montréal, Christmas baskets: East of Montréal

Hours: Monday and Friday 9h00 to 18h00, Tuesday to Thursday 9h00 to 20h00, Saturday 10h00 to 17h00

Financing: self-financing, membership fees

Legal status: non-profit organization

Community development

CONCERTATION SAINT-LÉONARD

8180 Collerette Street, Suite 1250, Saint-Léonard, Montréal, QC, H1P 2V5
514 323-1417 Fax: 514 323-8664
Website: www.concertationstleonard.com
Email: info@concertationstleonard.com

Services: Neighbourhood consultation committee aimed at improving the quality of life and living conditions of
the population. * Development of various projects: urban security, integrated urban revitalization, healthy
lifestyle, citizen mobilization.* Back-to-school sharing store.* Envol program: development of community
organizations in the neighborhood.

Eligibility: residents and organizations interested by the social development of the area

Coverage area: Saint-Léonard

Hours: Monday to Friday 8h30 to 16h30

Financing: Centraide of Greater Montréal, provincial, municipal

Legal status: non-profit organization

Volunteering and volunteer centres

OPTIMIST INTERNATIONAL

5205 Métropolitain Boulevard East, Suite 200, Saint-Léonard, Montréal, QC, H1R 1Z1
1 800 363-7151 Fax: 514 721-1104
Website: www.optimiste.org
Email: service@optimist.org

Services: International organization of volunteers. * Assistance to youth.* Scholarship programs.* Community
support.* To find an Optimist Club near you, visit the website: www.optimiste.org.

Coverage area: Canada

Hours: Monday to Friday 8h30 to 17h00

Fees: variable

Financing: donations

Legal status: non-profit organization

Education

COMPUTER WORKSHOPS

DIFFICULTIES AND LEARNING DISABILITIES

Computer workshops

ACCUEIL AUX IMMIGRANTS DE L'EST DE MONTRÉAL

5960 Jean-Talon Street East, Suite 209, Saint-Léonard, Montréal, QC, H1S 1M2

514 723-4939 Fax: 514 723-3619

Website: www.aiemont.com

Email: aiem@qc.aira.com

Services: * Listening, guidance, referral and accompaniment.* Interpretation and translation.* French and English classes.* Computer courses.* Business start-up training.* Daycare.* Tax clinic.

Eligibility: immigrant people, members of visible minorities

Capacity: 40 places

Coverage area: East of Montréal

Hours: Monday to Friday 8h30 to 16h30

Fees: daycare: \$4 for 3 hours

Financing: provincial, federal, municipal

Legal status: non-profit organization

MONTRÉAL PUBLIC LIBRARIES NETWORK - SAINT-LÉONARD LIBRARY

8420 Lacordaire Boulevard, Saint-Léonard, Montréal, QC, H1R 3G5

514 328-8500 ext. 8584

Website: www.bibliomontreal.com

Services: * Loan and consultation of books and audiovisual documents.* Computers, Internet access and printing devices.* Language learning stations.* Music listening stations.* Toys and educative games.* Story time.* Book club for children.* Home loan for people with reduced mobility.* Workshops, conferences and exhibitions.* Computer workshops.* Les mots partagés: intercultural coffee-meeting.

Eligibility: children, youth and adults

Coverage area: Saint-Léonard

Hours: Monday 13h00 to 21h00, Tuesday and Wednesday 10h00 to 21h00, Thursday and Friday 10h00 to 18h00, Saturday 10h00 to 17h00, Sunday 13h00 to 17h00, summer: Monday 13h00 to 21h00, Tuesday and Wednesday 10h00 to 21h00, Thursday 10h00 to 18h00, Friday 10h00 to 17h00, Saturday 12h00 to 17h00

Fees: variable

Financing: municipal, provincial

Legal status: municipal agency

Difficulties and learning disabilities

ASSOCIATION QUÉBÉCOISE DES TROUBLES D'APPRENTISSAGE - SECTION SAINT-LÉONARD

5960 Jean-Talon Street East, Suite 207, Saint-Léonard, Montréal, QC, H1S 1M2

514 259-3883

Website: www.aqeta.qc.ca

Email: info@aqetaestmontreal.org

Services: * Information and awareness.* Support groups.* Family support programs.* Active listening and referral.* Training workshops.

Eligibility: adults living with learning disabilities, students, parents, professionals and counsellors

Coverage area: Anjou, Saint-Léonard, Hochelaga-Maisonneuve

Hours: Monday to Thursday 9h00 to 16h30, by appointment

Fees: membership card

Financing: membership fees, fundraising campaigns, grants

Legal status: non-profit organization

Employment and Income

EMPLOYMENT SUPPORT FOR IMMIGRANTS

GOVERNMENT SERVICES

TAX CLINICS

VOCATIONAL REHABILITATION AND DISABILITY-RELATED EMPLOYMENT

Employment support for immigrants

HORIZON CARRIÈRE - CARREFOUR JEUNESSE-EMPLOI VIGER/JEANNE-MANCE

5960 Jean-Talon Street East, Suite 308, Saint-Léonard, Montréal, QC, H1S 1M2

514 256-1645 Fax: 514 256-8186

Website: www.horizoncarriere.ca

Email: info@horizoncarriere.ca

Services: * Job search assistance and counselling.* Career and school guidance and back-to-school support.* Projects for young adults 16 to 35 years old.* Specialized services for new immigrants.* Pairing between employers and job seekers.

Eligibility: people of all ages, newcomers

Coverage area: Montréal Island

Hours: Monday and Thursday 8h30 to 16h30, Tuesday 8h30 to 20h00, Wednesday 8h30 to 12h00, Friday 8h30 to 16h00

Financing: provincial

Legal status: non-profit organization

SERVICE CANADA CENTRE - SAINT-LÉONARD (MONTRÉAL)

6020 Jean-Talon Steet East, Suite 500, Saint-Léonard, Montréal, QC, H1S 3A9

1 800 622-6232 TTY: 1 800 926-9105

Website: www.canada.ca

Services: Service centre bringing together for programs, services and benefits at the federal level. * Applications for Social Insurance Number.* Information on the labor market.* Job bank.* Record of Employment.* Annuities.* Retirement pension from Canada Pension Plan.* Guaranteed Income Supplement, Old Age Security.* International Benefits.* Career Transition Services for veterans.* Allowance Program.* Special Benefits.* Employment Insurance Regular Benefits.* Career Planning.* Wage Earner Protection Program.* Canada Summer Jobs (CSJ) for youth and students.* Orientation on foreign credentials.* Receiving agents of passports.* Office of complaints.* Employer service centre.* Prevention and reporting of fraud.* Savings plan.

Coverage area: Saint-Léonard and surrounding area

Hours: Monday to Friday 8h30 to 16h00

Legal status: federal government agency

Government services

SERVICES QUÉBEC - MONTRÉAL (SAINT-LÉONARD)

7335 Langelier Boulevard, C-18, Saint-Léonard, Montréal, QC, H1S 1V7

1 877 644-4545 TTY: 1 800 361-9596

Website: www.gouv.qc.ca

Services: * Information on government programs and services.* Self-serve computer stations.* Administration-of-oath services.

Coverage area: Montréal

Hours: In person: Monday, Tuesday, Thursday and Friday 8h30 to 16h30, Wednesday 9h30 to 16h30, telephone: Monday to Friday 8h00 to 20h00

Legal status: provincial government agency

Tax clinics

ACCUEIL AUX IMMIGRANTS DE L'EST DE MONTRÉAL - TAX CLINIC

5960 Jean-Talon Street East, Suite 209, Saint-Léonard, Montréal, QC, H1S 1M2

514 723-4939 Fax: 514 723-3619

Website: www.aiemont.com

Email: aiem@qc.aira.com

Services: Walk-in tax clinic upon deposit.

Eligibility: people on a low income, newcomers

Coverage area: East of Montréal

Hours: Monday to Friday March and April 2018

Financing: provincial

Legal status: non-profit organization

CENTRE DES AÎNÉS DU RÉSEAU D'ENTRAIDE DE SAINT-LÉONARD - TAX CLINIC

5555 Jean-Talon Street East, Saint-Léonard, Montréal, QC, H1S 1L8

514 326-4116 Fax: 514 326-5884

Email: johannepitt@gmail.com

Services: Tax clinic. * Home service.

Eligibility: seniors 55 years and over with a loss of autonomy

Coverage area: Saint-Léonard

Hours: 2018 clinic: starting on march 15th, Monday to Friday 8h30 to 12h00 and 13h00 to 16h00

Fees: membership: \$10

Financing: self-financing, municipal, Centraide of Greater Montréal, provincial

Legal status: non-profit organization

MOUVEMENT FRATERNITÉ MULTI-ETHNIQUE - TAX CLINIC

5967 Jean-Talon Street East, Suite 307, Saint-Léonard, Montréal, QC, H1S 1M5

514 256-6976 Fax: 514 510-1714

Email: mfmethnique@yahoo.ca

Services: Tax clinic by appointment.

Eligibility: people on a low income, newcomers

Coverage area: Montréal

Hours: registration and clinic: from now till April 30 2018

Fees: voluntary contribution: \$15

Financing: provincial, federal

Legal status: non-profit organization

Vocational rehabilitation and disability-related employment

MODE D'EMPLOI - SERVICE D'EMPLOYABILITÉ

6020 Jean-Talon Street East, Suite 400, Saint-Léonard, Montréal, QC, H1S 3B1

514 341-7272 Fax: 514 341-8884

Website: www.moelleepiniere.com

Email: info@moelleepiniere.com

Services: * Job search assistance, resume writing and interview simulation, job search techniques.* Individual or group counselling.* Professional and education guidance.* Neuropsychological assessment.* Adaptation and accessibility of the work place.* Information and support for employers.

Eligibility: people with physical or neurological disabilities

Coverage area: Greater Montréal

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Financing: provincial

Legal status: non-profit organization

MOELLE ÉPINIÈRE ET MOTRICITÉ QUÉBEC

6020 Jean-Talon Street East, Suite 400, Saint-Léonard, Montréal, QC, H1S 3B1

1 877 341-7272 Fax: 514 341-8884

Website: www.moelleepiniere.com

Email: info@moelleepiniere.com

Services: Promotion of the autonomy of people with spinal cord injuries or physical or neurological disabilities. * Reception and referral.* Social integration support.* Advocacy of rights and interests.* Employability and job integration.* Information and awareness.

Eligibility: people with spinal cord injuries, paraplegic or tetraplegic or with physical or neurological disabilities

Capacity: unlimited

Coverage area: Province of Québec

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h30

Fees: free

Financing: grants, donations, self-financing

Legal status: non-profit organization

Food

FOOD ASSISTANCE

Food Assistance

ASSOCIATION HAÏTIANO-CANADO-QUÉBÉCOISE D'AIDE AUX DÉMUNIS - PAVILLON LUIGI-PIRANDELLO

Pavillon Luigi-Pirandello, 4550 des Compiègne Street, Saint-Léonard, Montréal, QC, H1R 2X4

514 852-1011 Fax: 514 852-1019

Email: fjoseph98@hotmail.com

Services: * Food bank.* Collective kitchen.* Summer camp for youth 17 years and over.* Christmas basket.

Eligibility: people of Haitian origin in particular and people on a low-income from any ethnic background

Coverage area: Saint-Léonard

Hours: food aid: every Thursday, collective kitchen: every third Friday of the month

Fees: food aid: \$4 per basket, collective kitchen: \$5

Financing: self-financing

Legal status: non-profit organization

MOUVEMENT FRATERNITÉ MULTI-ETHNIQUE

5967 Jean-Talon Street East, Suite 307, Saint-Léonard, Montréal, QC, H1S 1M5

514 256-6976 Fax: 514 510-1714

Email: mfmethnique@yahoo.ca

Services: * Information and coordination of social services.* Activities for families.* Food bank.* Christmas baskets.* Tax clinic.* Homework help.* Internet access centre.* Citizen engagement workshops.

Eligibility: individuals and families from ethnocultural communities, people on a low income

Coverage area: Saint-Léonard

Hours: Monday to Friday 9h00 to 17h00, food bank: Wednesday 12h30 to 13h30

Fees: food bank: \$5

Financing: provincial, federal

Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE-PAUL - SAINT-LÉONARD - GARDE-MANGER DE ROSALIE

Pavillon Wilfrid-Bastien, 8180 Collerette Street, Suite 1210, Saint-Léonard, Montréal, QC, H1P 1V5

514 852-2142

Services: * Weekly food bags distribution.* Emergency food assistance.

Eligibility: people on a low income

Coverage area: Saint-Léonard

Hours: Thursday 13h00 to 15h00, by appointment

Financing: donations, self-financing

Legal status: non-profit organization

Government services

MUNICIPAL SERVICES

Municipal services

SAINT-LÉONARD- BOROUGH

8400 Lacordaire Boulevard, Saint-Léonard, Montréal, QC, H1R 3B1

3-1-1 Fax: 514 328-7006

Website: www.ville.montreal.qc.ca/st-leonard

Email: bureau.st-leonard@ville.montreal.qc.ca

Services: * Carte Access Montreal membership: privileges program for residents and owners in Montreal.* Consultation of public opinion.* Information and documentation.* Taking of an oath.* Property assessment.* Property taxes (explanations and payment).* Statement of offense (information and payment).* Permits animal (cats and dogs).* Folders creation for intervention requests for municipal services.* Housing application form at low cost (HLM).* Issuance or renewal of parking vignettes.* Claims forms, complaint and petition.* INFO-travaux: geolocated information about infrastructure works.* Info-collectes:

www.servicesenligne2.ville.montreal.qc.ca/sel/infocollectes/?lang=eng

Hours: Monday to Thursday 8h30 to 16h30, Friday 8h30 to 15h30, permits counter: Monday to Thursday 8h30 to 11h45 and 12h45 to 16h30, Friday 8h30 to 12h00

Legal status: municipal agency

SERVICE DE POLICE DE LA VILLE DE MONTRÉAL - POLICE STATION 42 - SAINT-LÉONARD

8181 Lacordaire Boulevard, Saint-Léonard, Montréal, QC, H1R 2A3

514 280-0142 Fax: 514 280-0642

Website: www.spvm.qc.ca/en/pdq42

Email: pdq42@spvm.qc.ca

Services: Services that respond to local problems and specific needs of citizens. * For everyone: response to calls that are urgent and less urgent, residential or business visits to give safety and prevention advice, free loan of an engraver to identify valuable items, handling and follow-up of traffic and road safety complaints, handling and follow-up of criminal complaints, local crowd control at events in the neighbourhood.* For young people: preventive interventions in schools, conferences in schools on various topics (extortion, bullying, drug addiction, street gangs, safety around strangers, graffiti and others), managing school crossings.* For specific client groups: conferences on women's safety, follow-up with victims of domestic violence, meetings with the elderly for safety talks, community services, participation in citizen committees and round tables, participation in community projects (organization of fundraising campaigns for community and other organizations).* Available team: community relations officers, responsible VCI - violence conjugale et intrafamiliale.

Eligibility: citoyens et résidents du quartier

Coverage area: Saint-Léonard

Hours: Monday to Sunday 9h00 to 19h00

Legal status: municipal agency

Homelessness

SHELTERS

Shelters

REGROUPEMENT DES AUBERGES DU COEUR DU QUÉBEC (LE)

4246 Jean-Talon Street East, South Tower, Suite 16, Saint-Léonard, Montréal, QC, H1S 1J8

514 523-8559 Fax: 514 523-5148

Website: www.aubergesducoeur.org

Email: info@aubergesducoeur.org

Services: * Represent 30 emergency houses located in 10 regions of the province of Quebec.* Promotion and advocacy for homeless young people and young people in needs.

Eligibility: homeless or young people in need 12 to 30 years old

Capacity: 30 youth emergency shelters and half-way houses

Coverage area: Province of Québec

Hours: Monday to Friday 9h00 to 17h00

Fees: variable depending on houses, a person without revenu can be accepted

Financing: provincial, membership fees, donations

Legal status: non-profit organization

Immigration and cultural communities

GOVERNMENT SERVICES

MULTICULTURAL CENTRES AND ASSOCIATIONS

Government services

SERVICES QUÉBEC - MONTRÉAL (SAINT-LÉONARD)

7335 Langelier Boulevard, C-18, Saint-Léonard, Montréal, QC, H1S 1V7

1 877 644-4545 TTY: 1 800 361-9596

Website: www.gouv.qc.ca

Services: * Information on government programs and services.* Self-serve computer stations.* Administration-of-oath services.

Coverage area: Montréal

Hours: In person: Monday, Tuesday, Thursday and Friday 8h30 to 16h30, Wednesday 9h30 to 16h30, telephone: Monday to Friday 8h00 to 20h00

Legal status: provincial government agency

Multicultural centres and associations

NATIONAL CONGRESS OF ITALIAN CANADIANS - QUÉBEC CHAPTER

Confidential Address

514 279-6357 Fax: 514 955-8527

Website: www.italcongresso.qc.ca

Email: info@italcongresso.qc.ca

Services: * Montréal's Italian Week.* Assistance to associations and social clubs of the Italian community.* Integration.* Intercultural bridge-building with other communities.

Eligibility: Italian community

Coverage area: Province of Québec

Hours: Monday to Friday 9h30 to 17h00

Financing: fundraising campaigns, grants

Legal status: non-profit organization

REGROUPEMENT INTERCULTUREL DE SAINT-LÉONARD

5960 Jean-Talon Street East, Suite 207-A, Saint-Léonard, Montréal, QC, H1S 1M2

438 930-2353

Email: coordo.risl@gmail.com

Services: Reduction of social and racial tensions arising from the cohabitation of various cultural communities.
* Training for people and counsellors about cultural realities of communities.* Awareness and knowledge of discrimination.* Educational and festive meetings.

Eligibility: counsellors and general public

Coverage area: Saint-Léonard

Financing: Centraide of Greater Montréal

Legal status: non-profit organization

Indigenous Peoples

GOVERNMENT SERVICES

Government Services

SERVICES QUÉBEC - MONTRÉAL (SAINT-LÉONARD)

7335 Langelier Boulevard, C-18, Saint-Léonard, Montréal, QC, H1S 1V7

1 877 644-4545 TTY: 1 800 361-9596

Website: www.gouv.qc.ca

Services: * Information on government programs and services. * Self-serve computer stations. * Administration-of-oath services.

Coverage area: Montréal

Hours: In person: Monday, Tuesday, Thursday and Friday 8h30 to 16h30, Wednesday 9h30 to 16h30, telephone: Monday to Friday 8h00 to 20h00

Legal status: provincial government agency

Intellectual Disability

AUTISM, PDD, ADHD

RECREATION AND CAMPS

Autism, PDD, ADHD

CLSC DE SAINT-LÉONARD

5540 Jarry Street East, Saint-Léonard, Montréal, QC, H1P 1T9

514 722-3000

Website: www.ciuss-estmtl.gouv.qc.ca

Services: Frontline services for routine health and social services. * Preventive or medical services.* Rehabilitation and reintegration services.* Public health activities. * Breast-feeding support, prenatal and postnatal meetings. * Youth clinic: informations about sexuality, contraception, STI and drugs or alcohol consumption. * Psychosocial support and information relative to disabilities and pervasive developmental disorder. * Tests centre.* Quit smoking centre.

Coverage area: Saint-Léonard

Hours: Monday to Friday 8h00 to 20h00, youth clinic: 12h00 to 17h00

Financing: provincial

Legal status: parapublic organization

Recreation and camps

CLUB DU BONHEUR DE SAINT-LÉONARD

8180 Collerette Street, Saint-Léonard, Montréal, QC, H1R 2A3

514 329-3178

Services: Meeting place for adults with functional limitation. * Recreational activities: bingo, group games, board games, bean bags, crafts, cooking, outings.

Eligibility: adults with medium to slight functional limitations or physical limitations

Capacity: 30 people

Coverage area: Saint-Léonard

Hours: September to May, Sunday 13h30 to 17h00

Fees: membership: \$20 per year, outings: variable, activities at the centre: free

Financing: municipal, grants, donations

Legal status: non-profit organization

Justice and Advocacy

PROFESSIONAL ORDERS AND ASSOCIATIONS

Professional orders and associations

ORDRE DES TECHNOLOGUES EN IMAGERIE MÉDICALE, EN RADIO-ONCOLOGIE ET EN ÉLECTROPHYSIOLOGIE MÉDICALE DU QUÉBEC

6455 Jean-Talon East, Suite 401, Saint-Léonard, Montréal, QC, H1S 3E8

514 351-0052 Fax: 514 355-2396

Website: www.otimroepmq.ca

Email: info@otimroepmq.ca

Services: Professional order. * Public protection and monitoring the practice of the members.* Receptions of complaints.* Maintenance and development of competences.

Eligibility: public, medical imaging technologists, radiotherapy technologists and medical electrophysiology technologists

Coverage area: province of Québec

Hours: Monday to Friday 8h30 to 16h30, summer schedule: Monday to Thursday 8h00 to 16h00 and Friday 8h00 to 12h00

Financing: membership fees, self-financing

Legal status: non-profit organization

Material Assistance and Housing

HOUSING COOPERATIVES AND CORPORATIONS

THRIFT STORES

Housing cooperatives and corporations

ACTION DIGNITÉ DE SAINT-LÉONARD

9089 A Viau Boulevard, Saint-Léonard, Montréal, QC, H1R 2V6

514 251-2874 Fax: 514 251-2874

Website: www.addsl.org

Email: actdigsl@cooptel.qc.ca

Services: Housing committee aiming to improve tenants' living conditions. * Information, popular education.* Local activities.* Implementation of social and community housing (co-ops and housing NPOs).* Collective defense of tenant's rights.

Eligibility: tenants

Coverage area: Saint-Léonard

Hours: Monday to Thursday 9h30 to 16h30, on appointment only

Fees: free

Financing: contributions, provincial

Legal status: non-profit organization

Thrift stores

BUREAU ASSOCIATIF POUR LA DIVERSITÉ ET LA RÉINSERTION - USED ITEMS RECOVERY

6000 Métropolitain Boulevard East, Suite 200, Saint-Léonard, Montréal, QC, H1S 1A9

514 324-5341 Fax: 514 324-7966

Website: www.badr.ca

Email: info@badr.ca

Services: Used items recovery: non-perishable food, clothes, furniture, mattresses, household items, toys, sporting equipment, books and school supplies. * Home pick-up.

Coverage area: Montréal

Hours: Monday to Friday 9h00 to 18h00, Saturday 12h00 to 19h00

Financing: self-financing, membership fees

Legal status: non-profit organization

MAINS UTILES

6665 Bombardier Street, Saint-Léonard, Montréal, QC, H1P 2W2

514 993-9128

Email: mainsutiles@yahoo.ca

Services: 8-week industrial sewing course. * Socioprofessional integration.* Community shop.* Coffee-chats.* Free workshops.* Occasional activities.

Eligibility: immigrant women from all cultural communities

Capacity: 8 women per group

Coverage area: Montréal

Hours: Monday to Friday 8h30 to 15h30, workshops: Monday to Thursday 9h00 to 13h00, free workshops: Friday

Fees: semester: \$70, free workshop: free

Financing: municipal, self-financing

Legal status: non-profit organization

SOCIÉTÉ DE SAINT-VINCENT-DE PAUL - SAINT-LÉONARD - BOUTIQUE D'AMÉLIE

5077 Couture Boulevard, Saint-Léonard, Montréal, QC, H1R 3B9

514 323-5609

Services: Thrift store. * Recovery and selling of used clothes and household items.* Donations in case of sinister.

Material Assistance and Housing

Coverage area: Saint-Léonard

Hours: Monday, Wednesday and Friday 10h00 to 12h00 and 13h00 to 16h00

Fees: thrift store: low prices

Financing: donations, self-financing

Legal status: non-profit organization

Mental Health and addictions

ADDICTION PREVENTION

ADDICTION TREATMENT

Addiction prevention

AMIS DU MONDE

6665 Bombardier Street, Saint-Léonard, Montréal, QC, H1P 2W2

438 870-8267

Website: www.amisdumonde.ca

Email: admin@amisdumonde.ca

Services: * Delinquency prevention.* Fight against drug addiction.* Awareness of healthy lifestyles.

Eligibility: youth 9 to 15 years

Coverage area: Saint-Léonard

Legal status: non-profit organization

Addiction treatment

FOSTER ADDICTION REHABILITATION CENTRE (THE) - EXTERNAL SERVICES - POINTE-CLAIRE

CLSC de Saint-Léonard, 5540 Jarry Street East, Saint-Léonard, Montréal, QC, H1P 1T9

514 486-1304 Fax: 514 328-1468

Website: www.crdfooster.org

Services: * Internal et external detoxification.* Consultation and treatment for compulsive gamblers.* Support to the relatives: individual and group meetings, support group for parents of teenagers and group for adults relatives.* Social rehabilitation.

Eligibility: youth 12 years and older, adults dealing with addictions, support to relatives

Coverage area: Saint-Léonard and surroundings

Hours: Monday to Friday 8h30 to 16h30

Fees: free

Financing: provincial

Legal status: parapublic organization

Physical Disability

RECREATION AND CAMPS

SUPPORT ASSOCIATIONS

Recreation and camps

CLUB DU BONHEUR DE SAINT-LÉONARD

8180 Collerette Street, Saint-Léonard, Montréal, QC, H1R 2A3

514 329-3178

Services: Meeting place for adults with functional limitation. * Recreational activities: bingo, group games, board games, bean bags, crafts, cooking, outings.

Eligibility: adults with medium to slight functional limitations or physical limitations

Capacity: 30 people

Coverage area: Saint-Léonard

Hours: September to May, Sunday 13h30 to 17h00

Fees: membership: \$20 per year, outings: variable, activities at the centre: free

Financing: municipal, grants, donations

Legal status: non-profit organization

Support Associations

SICKLE CELL ANEMIA ASSOCIATION OF QUÉBEC

7333 Saint-Denis Street, Suite 3, Saint-Léonard, Montréal, QC, H1R 2E5

514 830-4782

Website: www.anemie-falciforme.org

Email: wsanon@aafq.org

Services: * Monthly open support group, alternating between parents and young adults' groups with sickle cell anemia. * Family respite camp. * Information workshops and conferences. * Social activities. * Support for research. * Scholarships.

Eligibility: people affected by sickle cell anemia and their families

Capacity: 10 to 15 people for each support group

Coverage area: Province of Québec

Hours: support groups: Saturdays

Fees: membership fees, support group: free

Financing: self-financing, donations

Legal status: non-profit organization

Psychosocial support

CAREGIVERS

Caregivers

CARREFOUR DES FEMMES DE SAINT-LÉONARD

8180 Collerette Street, Suite 3, Saint-Léonard, Montréal, QC, H1P 2V5

514 325-4910 Fax: 514 325-4977

Website: www.cfsf-femmes.com

Email: cfsf@bellnet.ca

Services: * Reception, active listening and helping relationship.* Referral, information and documentation.* Classes, workshops, conferences.* Special activities.* Weekly open therapeutic support groups for women coping with psychological or relationship difficulties.* Services for caregivers: support groups, training and residence visits.

Eligibility: women

Capacity: support group: 5 to 8 persons per meeting

Coverage area: Saint-Léonard, Greater Montréal

Hours: Monday to Thursday 8h30 to 16h00, support group for women: Thursday 9h30 to 12h00, support group for caregivers: Tuesday 9h30 to 11h30

Fees: annual membership: \$5, conferences and support group meetings: free

Financing: donations, grants, membership fees

Legal status: non-profit organization

Seniors

CAREGIVERS

COMMUNITY AND RECREATION CENTRES

HOME SUPPORT

Caregivers

CARREFOUR DES FEMMES DE SAINT-LÉONARD

8180 Collerette Street, Suite 3, Saint-Léonard, Montréal, QC, H1P 2V5

514 325-4910 Fax: 514 325-4977

Website: www.cfsf-femmes.com

Email: cfsf@bellnet.ca

Services: * Reception, active listening and helping relationship.* Referral, information and documentation.* Classes, workshops, conferences.* Special activities.* Weekly open therapeutic support groups for women coping with psychological or relationship difficulties.* Services for caregivers: support groups, training and residence visits.

Eligibility: women

Capacity: support group: 5 to 8 persons per meeting

Coverage area: Saint-Léonard, Greater Montréal

Hours: Monday to Thursday 8h30 to 16h00, support group for women: Thursday 9h30 to 12h00, support group for caregivers: Tuesday 9h30 to 11h30

Fees: annual membership: \$5, conferences and support group meetings: free

Financing: donations, grants, membership fees

Legal status: non-profit organization

Community and Recreation Centres

ASSOCIATION HAÏTIANO-CANADO-QUÉBÉCOISE D'AIDE AUX DÉMUNIS

4869 Jarry Street East, Suite 214, Saint-Léonard, Montréal, QC, H1R 1Y1

514 852-1011 Fax: 514 852-1019

Email: fjoseph98@hotmail.com

Services: * Intercultural dialogue.* Assistance with Haitians' integration.* Housekeeping services.* Food bank.* Community kitchens.* Christmas party at Pavillon Luigi-Pirandello.* Recreational activities for youth and seniors.* Cultural activities.

Eligibility: people of Haitian origin in particular, people on a low income from all ethnic backgrounds

Coverage area: Saint-Léonard

Hours: Monday to Friday 9h00 to 16h00

Financing: self-financing

Legal status: non-profit organization

CENTRE DES AÎNÉS DU RÉSEAU D'ENTRAIDE DE SAINT-LÉONARD

5555 Jean-Talon Street East, Saint-Léonard, Montréal, QC, H1S 1L8

514 326-4116 Fax: 514 326-5884

Email: johannepitt@gmail.com

Services: * Transportation: medical and social.* Accompaniment: medical appointments and shopping.* Safety phonecalls.* Respite days.* Monday meetings: light exercise, arts and crafts, board games, group activities.* Community meal.* Café Oasis: conferences.* Inter-âge program: intergenerational computer initiation.* Intercultural Thursday.* Incontinence products.* Assistance with filling out forms.* Intervention.* Tax clinic.

Eligibility: seniors 55 years and over

Coverage area: services: Saint-Léonard, activities: Saint-Léonard and surroundings

Hours: Monday to Friday 8h30 to 12h00 and 13h00 to 16h00, café Oasis: every 2nd Thursday morning, respite: Tuesday and Friday, community meal: Wednesday, intercultural Thursday: Thursday afternoon

Fees: annual membership, medical transportation: voluntary contribution, activities: variable

Financing: self-financing, municipal, Centraide of Greater Montréal, provincial

Legal status: non-profit organization

CERCLE DU 3E ÂGE DE SAINTE-ANGÈLE

Parc Giuseppe-Garibaldi, 7125 Liénart Street, Saint-Léonard, Montréal, QC, H1S 2X9
514 327-6645

Services: Social and recreational activities for elders. * Physical activities: dance classes, fitness, bocce, petanque, Tai Chi and yoga.* Card games, bridge, pucks and board games.* Bowling league.* Indoor and outdoor dances.* Thematic outings: sugar shack, apple picking, etc.* Thematic meals: mechoui, corn roast, etc.* L'Info de Sainte-Angèle newsletter: dissemination of the offered activities.

Eligibility: people 50 years and over

Coverage area: Saint-Léonard

Hours: indoor activities: from September to May, outdoor activities: from May to September, variable schedule

Fees: membership: \$7 per year, dance class: \$3 for 2h30, activities: variable

Financing: self-financing, donations, municipal, provincial

Legal status: non-profit organization

ITALIAN-CANADIAN COMMUNITY SERVICES OF QUÉBEC

8370 Lacordaire Boulevard, Suite 303, Saint-Léonard, Montréal, QC, H1R 3Y6
514 274-9461 Fax: 514 274-1325

Website: www.scciq.com

Email: info@scciq.com

Services: * Information, referral.* Counselling.* Translation.* Collaboration with other groups and government agencies.* Social and cultural programs, services for seniors.* Health-related conferences.* Flu vaccination clinic.* Tax clinic.* Association Diabète Italo-Canadienne du Québec: information, referral, conferences, awareness and prevention related to diabetes and the treatment of diabetes.

Eligibility: Italian community and others

Coverage area: Province of Québec

Hours: Monday to Friday 9h00 to 12h00 and 13h00 to 16h00

Financing: grants, donations, fundraising campaigns

Legal status: non-profit organization

UNIVERSITÉ DU TROISIÈME ÂGE - MONTRÉAL - SAINT-LÉONARD-ANJOU

Bibliothèque de Saint-Léonard, 8420 Lacordaire Boulevard, Saint-Léonard, Montréal, QC, H1R 3G5
514 354-2330 Fax: 819 821-8044

Website: www.usherbrooke.ca/uta/prog/mtl/sla/

Services: Educational programming distributed in 29 university branches for people aged 50 years and over. * Non-credited educational activities without papers or exams.* Different teaching methods: courses, seminars, lectures, workshops, physical activities.* Student associations promoting integration in cultural and social life.

Eligibility: people 50 and over, no prior degree is required

Coverage area: Montréal

Fees: variable tuition according to the activity, compulsory student fee, donations are optional

Financing: donations, grants

Legal status: non-profit organization

Home support

CONCIERGERIE LES DÉPANNEURS

Confidential Address

514 949-6309

Website: www.conciergerielesdepanneurs.com

Email: info@conciergerielesdepanneurs.com

Seniors

Services: In-home or at-work support services. * Home surveillance during, taking care of pets, cleaning of short time units.* Moving of small and big objects, errands, medical appointment accompaniment, cooking.* Seasonal maintenance: indoor and outdoor cleaning, carwash, snow removal, gardening, leaves collecting.* Clothes: touch-up, reparation, cleaning, ironing, etc.* Regular cleaning and minor repairs.* Computer support, solution research, administrative support.* Possibility of personalized services.

Coverage area: Saint-Léonard

Hours: Monday to Friday 9h00 to 17h00

Fees: variables

Financing: self-financing

Legal status: non-profit organization

TABLE RONDE DE SAINT-LÉONARD (LA)

8180 Collerette Street, Suite 1234, Saint-Léonard, Montréal, QC, H1P 2V5

514 955-6464 Fax: 514 955-7261

Email: trsl@bellnet.ca

Services: * Community restaurant.* Collective kitchen.* Cooking workshops for preschoolers to young parents 16 to 20 years old.* Frozen meals for take-out or delivery upon request.

Capacity: restaurant: 90 people, other activities: 15 people

Coverage area: Montréal

Hours: administration: Monday to Friday 9h00 to 16h00

Fees: restaurant: \$4 per adult, \$3 per child, frozen meals: \$3.50

Financing: Centraide of Greater Montréal, municipal, provincial

Legal status: non-profit organization

Youth

YOUTH CENTRES AND SUPPORT

Youth Centres and Support

MAISON DE JEUNES LE ZÉNITH DE SAINT-LÉONARD

6185 Jarry Street East, Saint-Léonard, Montréal, QC, H1P 1W1

514 327-0185

Website: www.mdjz.org

Email: contact@mdjz.org

Services: * Activities organized by and for young people.* Social intervention.* Listening, help and referrals.

Eligibility: youth aged 12 to 17 years old

Coverage area: Saint-Léonard

Hours: Tuesday to Friday 15h45 to 21h00

Financing: grants

Legal status: non-profit organization

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